# Intro to mixed effects models 

Analysis of Ecological and Environmental Data
QERM 514

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## Goals for today

- Understand types of random effects structures
- Understand how random effects are estimated
- Understand restricted maximum likelihood
- Understand approaches to make inference from mixed models


## Model for means

Imagine we are interested in modeling the mass of fish measured in several different lakes

We have 3 hypotheses about the variation in fish sizes

1. differences in mass are due mostly to individual fish with no differences among lakes

## Model for means

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## Model for means

Imagine we are interested in modeling the mass of fish measured in several different lakes

We have 3 hypotheses about the variation in fish sizes

1. differences in mass are due mostly to individual fish with no differences among lakes
2. differences in mass are due mostly to specific factors that differ among lakes
3. differences in mass are due mostly to general factors that are shared among lakes

## Model for means

Our first model simply treats all of the fish $i$ in the different lakes $j$ as one large group

$$
\begin{gathered}
y_{i j}=\mu+\epsilon_{i j} \\
\epsilon_{i j} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}^{2}\right)
\end{gathered}
$$

where $\mu$ is the mean mass of fish across all lakes \& our primary interest is the size of $\sigma_{\epsilon}^{2}$

## Model for means

In essence, we are pooling all of fish from the different lakes together so we can drop the $j$ subscript

$$
\begin{gathered}
y_{i j}=\mu+\epsilon_{i j} \\
\epsilon_{i j} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}^{2}\right) \\
\Downarrow \\
y_{i}=\mu+\epsilon_{i} \\
\epsilon_{i} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}^{2}\right)
\end{gathered}
$$

## Model for means

Our second model separates all of the fish $i$ into groups based on the specific lake $j$ from which they were caught

$$
\begin{gathered}
y_{i j}=\mu+\alpha_{j}+\epsilon_{i j} \\
\epsilon_{i j} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}^{2}\right)
\end{gathered}
$$

where $\alpha_{j}$ is the specific effect of lake $j$

## Model for means

Here there is no pooling of fish from different lakes and the $j$ subscript tells us about a specific lake

$$
\begin{gathered}
y_{i j}=\mu+\alpha_{j}+\epsilon_{i j} \\
\epsilon_{i j} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}^{2}\right)
\end{gathered}
$$

## Model for means

Our last model treats differences in fish mass among lakes as similar to one another (correlated)

$$
\begin{gathered}
y_{i j}=\mu+\alpha_{j}+\epsilon_{i j} \\
\epsilon_{i j} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}^{2}\right) \\
\alpha_{j}
\end{gathered} \sim \mathrm{~N}\left(0, \sigma_{\alpha}^{2}\right)
$$

where $\alpha_{j}$ is the effect of lake $j$ as though it were randomly chosen

## Model for means

The degree of correlation among lakes $(\rho)$ is determined by the relative sizes of $\sigma_{\alpha}^{2}$ and $\sigma_{\epsilon}^{2}$

$$
\begin{gathered}
y_{i j}=\mu+\alpha_{j}+\epsilon_{i j} \\
\epsilon_{i j} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}^{2}\right) \\
\alpha_{j} \sim \mathrm{~N}\left(0, \sigma_{\alpha}^{2}\right) \\
\Downarrow \\
\rho=\frac{\sigma_{\alpha}^{2}}{\sigma_{\alpha}^{2}+\sigma_{\epsilon}^{2}}
\end{gathered}
$$

## Model for means

Here we could say that the lakes are partially pooled together by formally addressing correlations among lakes

$$
\begin{aligned}
y_{i j} & =\mu+\alpha_{j}+\epsilon_{i j} \\
\epsilon_{i j} & \sim \mathrm{~N}\left(0, \sigma_{\epsilon}^{2}\right) \\
\alpha_{j} & \sim \mathrm{~N}\left(0, \sigma_{\alpha}^{2}\right)
\end{aligned}
$$

with

$$
\rho=\frac{\sigma_{\alpha}^{2}}{\sigma_{\alpha}^{2}+\sigma_{\epsilon}^{2}}
$$

## Model for means



## Fish mass across lakes



## Fish mass across lakes

Simple model with complete pooling

```
## log of fish mass (lfm) as grand mean
m1 <- lm(lfm ~ 1)
```


## Fish mass across lakes



## Fish mass across lakes

Fixed effects model with no pooling across lakes

```
## log of fish mass (lfm) with lake-level means
m2 <- lm(lfm ~ 1 + as.factor(IDs))
```


## Fish mass across lakes



## Fish mass across lakes

Random effects model with partial pooling across lakes

```
## load lme4 package
library(lme4)
## log of fish mass (lfm) with lake-level effects
m3 <- lmer(lfm ~ 1 + (1|IDs))
```


## Fish mass across lakes



## Shrinkage of group means

In fixed effects models, the group means are

$$
\alpha_{j}=\bar{y}-\mu
$$

In random effects models, the group means "shrink" towards the mean

$$
\alpha_{j}=(\bar{y}-\mu)\left(\frac{\sigma_{\alpha}^{2}}{\sigma_{\alpha}^{2}+\sigma_{\epsilon}^{2}}\right)
$$

## QUESTIONS?

## Fish mass across lakes

Let's return to our model for fish mass across different lakes
Now we want to include the effect of fish length as well

## Fish mass versus length



## A global regression model

Fish mass as a function of its length (no lake effects)

$$
y_{i}=\underbrace{\beta_{0}+\beta_{1} x_{i}}_{\text {fixed }}+\epsilon_{i j}
$$

$\epsilon_{i j} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}\right)$

## A global regression model

Fish mass as a function of its length (no lake effects)

```
## fit global regression model
a1 <- lm (lfm ~ lfl)
```


## A global regression model



## A global regression model



## A global regression model



## Unique regression models

Fish mass as a function of its length for each lake

$$
y_{i j}=\underbrace{\beta_{0 j}+\beta_{1 j} x_{i j}}_{\text {fixed }}+\epsilon_{i j}
$$

$$
\epsilon_{i j} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}\right)
$$

## Unique regression models

Fish mass as a function of its length for each lake

```
## matrix for coefs
cf <- matrix(NA, nl, 2)
## fit regression unique to each lake
for(i in 1:nl) {
    cf[i,] <- coef(lm(fm[[i]] ~ fl[[i]]))
}
```


## Unique regression models



## A linear mixed model

Fish mass as a function of its length for a random lake

$$
y_{i j}=\underbrace{\beta_{0 j}+\beta_{1} x_{i j}}_{\text {fixed }}+\underbrace{\alpha_{j}}_{\text {random }}+\epsilon_{i j}
$$

$$
\begin{aligned}
& \epsilon_{i j} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}\right) \\
& \alpha_{j} \sim \mathrm{~N}\left(0, \sigma_{\alpha}\right)
\end{aligned}
$$

## A linear model (ANCOVA)

Fish mass as a function of its length and random lake

```
## fit ANCOVA with fixed factor for length & rdm factor for lake
a2 <- lmer(lfm ~ lfl + (1|IDs))
```


## Fish mass versus length



## A random effects model

Fish mass as a function of its length for a random fish and lake

$$
\begin{aligned}
& y_{i j}=\left(\beta_{0 j}+\alpha_{j}\right)+\left(\beta_{1 j}+\delta_{j}\right) x_{i j}+\epsilon_{i j} \\
& y_{i j}=\underbrace{\beta_{0 j}+\beta_{1 j} x_{i j}}_{\text {fixed }}+\underbrace{\alpha_{j}+\delta_{j} x_{i j}}_{\text {random }}+\epsilon_{i j}
\end{aligned}
$$

$\epsilon_{i j} \sim \mathrm{~N}\left(0, \sigma_{\epsilon}\right)$
$\alpha_{j} \sim \mathrm{~N}\left(0, \sigma_{\alpha}\right)$
$\delta_{j} \sim \mathrm{~N}\left(0, \sigma_{\delta}\right)$

## A random effects model

Fish mass as a function of its length for a random fish and lake

```
## fit ANCOVA with random effects for length & lake
a3 <- lmer(lfm ~ lfl + (lfl|IDs))
```


## A random effects model



## Model diagnostics





## QUESTIONS?

## General linear model

We have seen how to write a general linear model as

$$
\mathbf{y}=\mathbf{X} \boldsymbol{\beta}+\mathbf{e}
$$

where $\mathbf{X}$ is the design matrix and $\boldsymbol{\beta}$ contains the fixed effects of $\mathbf{X}$ on $\mathbf{y}$

## General linear mixed model

We can extend the general linear model to include both of fixed and random effects (a mixed effects model)

$$
\mathbf{y}=\mathbf{X} \beta+\mathbf{Z} \alpha+\mathbf{e}
$$

where $\mathbf{Z}$ is also a design matrix and $\mathbf{Z}$ contains a mix of $z \in\{-1,0,1\}$ and $z \in \mathbb{R}$

## General linear mixed model

We can extend the general linear model to include both of fixed and random effects (a mixed effects model)

$$
\begin{aligned}
& \mathbf{y}=\mathbf{X} \boldsymbol{\beta}+\mathbf{Z} \boldsymbol{\alpha}+\mathbf{e} \\
& \mathbf{e} \sim \operatorname{MVN}\left(\mathbf{0}, \sigma^{2} \mathbf{I}\right) \\
& \boldsymbol{\alpha} \sim \operatorname{MVN}\left(\mathbf{0}, \sigma^{2} \mathbf{D}\right)
\end{aligned}
$$

where $\mathbf{I}$ is the identity matrix and $\mathbf{D}$ is a square matrix of constants

## General linear mixed model

Variance decomposition

$$
\begin{gathered}
\mathbf{y}=\mathbf{X} \boldsymbol{\beta}+\mathbf{Z} \boldsymbol{\alpha}+\mathbf{e} \\
\Downarrow \\
\operatorname{Var}(\mathbf{y})=\operatorname{Var}(\mathbf{X} \boldsymbol{\beta})+\operatorname{Var}(\mathbf{Z} \boldsymbol{\alpha})+\operatorname{Var}(\mathbf{e})
\end{gathered}
$$

## General linear mixed model

Variance of random components

$$
\begin{aligned}
& \operatorname{Var}(\mathbf{y} \mid \mathbf{X} \boldsymbol{\beta})=\operatorname{Var}(\mathbf{Z} \boldsymbol{\alpha})+\operatorname{Var}(\mathbf{e}) \\
& \Downarrow \\
& \mathbf{V}=\mathbf{Z} \operatorname{Var}(\boldsymbol{\alpha}) \mathbf{Z}^{\top}+\operatorname{Var}(\mathbf{e}) \\
&=\mathbf{Z}\left(\sigma^{2} \mathbf{D}\right) \mathbf{Z}^{\top}+\sigma^{2} \mathbf{I} \\
&=\sigma^{2}\left(\mathbf{Z} \mathbf{D} \mathbf{Z}^{\top}+\mathbf{I}\right)
\end{aligned}
$$

## Log-likelihood for fixed effects

Recall that we think of likelihoods in terms of the observed data
But the random effects in our model are unobserved random variables, so we need to integrate them out of the likelihood

## Log-likelihood for fixed effects

The log-likelihood for the fixed effects $\boldsymbol{\beta}$

$$
\log \mathcal{L}\left(\mathbf{y} ; \boldsymbol{\beta}, \sigma^{2}\right)=-\frac{1}{2} \log |\mathbf{V}|-\frac{1}{2}(\mathbf{y}-\mathbf{X} \boldsymbol{\beta})^{\top} \mathbf{V}^{-1}(\mathbf{y}-\mathbf{X} \boldsymbol{\beta})
$$

## Estimate of fixed effects

This leads us to our familiar statement for the weighted least squares estimate for $\boldsymbol{\beta}$

$$
\begin{aligned}
\hat{\boldsymbol{\beta}} & =\min (\mathbf{y}-\mathbf{X} \boldsymbol{\beta})^{\top} \mathbf{V}^{-1}(\mathbf{y}-\mathbf{X} \boldsymbol{\beta}) \\
& =\left(\mathbf{X}^{\top} \mathbf{V}^{-1} \mathbf{X}\right) \mathbf{X}^{\top} \mathbf{V}^{-1} \mathbf{y}
\end{aligned}
$$

## Variance of fixed effects

Our variance estimate for $\boldsymbol{\beta}$ is then

$$
\operatorname{Var}(\hat{\boldsymbol{\beta}})=\left(\mathbf{X}^{\top} \mathbf{V}^{-1} \mathbf{X}\right)^{-1}
$$

## Log-likelihood for random effects

The log-likelihood for the random effects is given by

$$
\begin{aligned}
\log \mathcal{L}\left(\mathbf{y} ; \boldsymbol{\beta}, \sigma^{2}\right)=-\frac{\sigma^{2}}{2} & -\frac{1}{2 \sigma^{2}}(\mathbf{y}-\mathbf{X} \boldsymbol{\beta}-\mathbf{Z} \boldsymbol{\alpha})^{\top}(\mathbf{y}-\mathbf{X} \boldsymbol{\beta}-\mathbf{Z} \boldsymbol{\alpha}) \\
& -\frac{1}{2}\left|\mathbf{Z D} \mathbf{Z}^{\top}\right|-\frac{1}{2} \boldsymbol{\alpha}^{\top}\left(\mathbf{Z D} \mathbf{Z}^{\top}\right)^{-1} \boldsymbol{\alpha}
\end{aligned}
$$

## Estimate of random effects

This leads to the best linear unbiased predictor for $\boldsymbol{\alpha}$

$$
\hat{\boldsymbol{\alpha}}=\sigma^{2}\left(\mathbf{Z} \mathbf{Z Z}^{\top}\right) \mathbf{Z}^{\top} \mathbf{V}^{-1}(\mathbf{y}-\mathbf{X} \boldsymbol{\beta})
$$

## Restricted maximum likelihood

Estimating the parameters in a mixed effects model requires restricted maximum likelihood (REML)

REML works by

1. estimating the fixed effects $(\hat{\boldsymbol{\beta}})$ via ML
2. using the $\hat{\boldsymbol{\beta}}$ to estimate the $\hat{\boldsymbol{\alpha}}$

Ime4 makes this easy for us

## Inference for mixed models

With random effects models, we can't use our standard inference tools because we don't know the distributions for our test statistic
(Ime4 won't give $p$-values)

## Inference for mixed models

Likelihood ratio test

We can use a likelihood ratio test for nested models, but the assumption of a $\chi^{2}$ distribution can be poor

## Inference for mixed models <br> $F$ test

We can also use $F$-tests to evaluate a single fixed effect, but again the assumption of a $F$ distribution can be poor

## Inference for mixed models

## Bootstrapping

We can use bootstrapping to conduct likelihood ratio tests

1. simulate data from the simple model
2. fit simple \& full model and calculate likelihood ratio
3. see where test statistic falls within estimated distribution from (2)

## Inference for mixed models

We can report parameter estimates and Cl's via bootstrapping
We can generate predictions given fixed and random effects and estimate their uncertainty via bootstrapping

## Model selection

Recall that $A I C=2 k-2 \log \mathcal{L}$
The problem with mixed effects models is that it's not clear what $k$ equals
It works well to select among fixed effects if random effects are held constant

## Model selection

To use AIC, we can follow these steps

1. Fit a model with all of the possible fixed-effects included
2. Keep the fixed effects constant and search for random effects
3. Keep random effects as is and fit different fixed effects

## Model selection

Other options include

- BIC
- cross-validation


## Summary

- Think hard about your question and data
- are there groups or levels?
- are the temporal or spatial components?
- Decide what random effects make sense
- Once random effects are chosen, select fixed effects
- Inference will generally require bootstrapping

